

NSULA Gail Metoyer Jones Center for Inclusion and Diversity



WOMEN'S HISTORY MONTH



March is Women's History Month

This year, the National Women's History Month theme is "Women Who Advocate for Equity, Diversity and Inclusion."

According to the National Women's History Alliance, the 2024 theme recognizes women throughout the country who believe a positive future can only be achieved by eliminating bias and discrimination "entirely from our lives and institutions."

As equity, diversity and inclusion continue to be powerful forces of change, the alliance feels that reflecting on society and governing forces through this lens and educating youth about the importance of diversity will continue to uplift and support women of all ages, locations and experiences. (Delaware Online, 2024)

Ways to Celebrate:

- Encourage young women
- Create a book club featuring books written by or about women
- Volunteer at local women's shelters
- Take a virtual museum tour at the National Women's History Museum
- Celebrate female ambassadors
- Support female entrepreneurs



Upcoming Event:

Self Defense Class w/ Alpha Phi Alpha

Join us for this interactive event where women can learn how to defend themselves. Taught by

Student Union Ballroom

Monday, March 11th at 5:00PM



Upcoming Events

NICSS: Hate on Campus [Faculty/Staff]

Mr. Zach Veuleman will be speaking on how to make student, staff, and faculty feel safe while hate on college campuses is on the rise.

Student Union Cane River Room

Wednesday, March 13th at 12:00 PM

Accommodations 101 hosted by Cultural Bridge Builders

Sialas Falgout will be presenting on how student can get accommodations on campus.

Student Union President's Room

Wednesday, March 6th at 1:00 PM

Women's Paint & Sip hosted by Cultural Bridge Builders

Everyone is invited to paint and sip on virgin mimosas while we discuss women's history and women's issues.

Student Union President's Room

Tuesday, March 12th at 6:00 PM

Women's Toiletry Drive

We will be hosting a table and collecting women's toiletry to donate to the Cane River Children's Services.

Student Union Lobby by Vick's

Tuesday, March 12th - Thursday, March 14th from 11:00 AM - 2:00 PM

Unwind Your Mind

Join us and Cindy Allen LPC to learn mental health tips and how to manage anxiety.

Student Union Cane River Room

Wednesday, March 13th at 6:00 PM

NICSS: Gender Identity [Faculty/Staff]

Join Ms. Brittany Blackwell Broussard to learn more about Gender Identity and how to overcome Gender Stereotypes.

Student Union President's Room

Thursday, March 21st at 12:00 PM

Dates to Know

- **Granting of US Citizenship to Puerto Ricans - March 2nd**
- **International Women's Day - March 8th**
- **Harriet Tubman's Birthday - March 10th**
- **Ramadan - March 10th**
- **World Down Syndrome Day - March 21st**
- **Purim - March 24th**
- **Holi - March 25th**
- **Easter - March 31st**

Last Month

We were very busy in the month of February, educating students, and children and partnering with many groups such as AAC, Call Me Mister, Cultural Bridge Builders, NAACP, Alpha Phi Alpha, CAPA, and



Tip of the Month

TIP

This month the CID is focusing on Women's Health with the theme Healthier, Happier, Her.

Please see your doctor for annual exams and screenings for cancer, including pap smears and mammograms.