

NSULA Gail Metoyer Jones Center for Inclusion and Diversity



African Americans and the Arts

"You may shoot me with your words, you may cut me with your eyes, you may kill me with your hatefulness, but still, like air, I'll rise."
– Maya Angelou, from 'Still I Rise'



February is Black History Month

The celebration of Black History Month began as "Negro History Week," which was created in 1926 by Carter G. Woodson, a noted African American historian, scholar, educator and publisher. It became a month-long celebration in 1976. It was made to to remember important people and events in the history of the African diaspora.

Ways to Celebrate:

- Create a Black History Month playlist
- Amplify Black voices on social media
- Explore Your Local Black History Museum
- Support Black owned companies
- Watch documentaries about the African American experience
- Share Black History Moments & Milestones
- Become a member of your local NAACP



Upcoming Event:

Civil Rights in Jazz feat. Galen Abdur-Razzaq

Join us to learn about how Jazz was an advocate for the Civil Rights Movement.

Student Union Ballroom

Thursday, Feb. 29th at 7:00PM

Upcoming Events

Move Screening: *Big Chief, Black Hawk* with NAACP

An exploration into effects of issues the Culture faces in New Orleans, through the eyes of the youngest Black Masking Mardi Gras Indian Big Chief in the city.

Student Union Ballroom

Monday, February 5th 5:30 PM

MLK Program with the City of Natchitoches

Join us to celebrate Dr. Martin Luther King and black history.

Featuring Dr. Ail Harris

MLK Circle, Natchitoches, LA

Saturday, Feb. 17th at 11:00AM

Movie Screening: *Stamped from the Beginning* with AAC

This documentary chronicles the story of anti-Black racist ideas and their staggering power over the course of American history.

Student Union Ballroom

Tuesday, Feb. 20th at 6:00 PM

NICSS: Inclusion [Faculty/Staff]

Dr. Katrina Jordan will be presenting on how institutions can create a more inclusive climate.

Student Union Cane River Room

Wednesday, Feb. 21 at 12:00 PM

NICSS: Size and Body Image [Student]

Join to learn how to maintain a healthy mindset and celebrate body positivity.

Student Union Cane River Room

Tuesday, Feb. 27th at 12:00 PM



- **National Freedom Day - February 1st**
- **Rosa Parks Day - February 4th**
- **Lunar New Year - February 10th**
- **International Day of Women & Girls in Science - February 11th**
- **International Epilpsy Day - February 13th**
- **Mardi Gras - February 13th**
- **International Childhood Cancer Day - February 15th**
- **World Day of Social Justice - February 20th**

Last Month

NSULA Held is 3rd Annual Dr. Martin Luther King Jr. Day of Service. Many people came out to volunteer in the community.



The documentary screening of *Descendant* was successful and included a thought provoking discussion afterwards.



Tip of the Month

Educate Yourself

Reading, watching Netflix, and listenign to podcasts are all great ways to unwind after a long day, but did you know that you could also learn while unwinding? Check out these to educate yourself this month on Black Issues and Black History.

From the War on Poverty to the War on Crime: The Making of Mass Incarceration in America by Elizabeth Hinton (Book)

Code Switch by NPS (Podcast)

When They See Us (Movie)

